#### The Pines School Newsletter



Week 7, Term 4

### 27th November 2020

## Respect, Belonging and Fun Engaged Learning Leadership News

Dear Families,

As we are coming closer to the end of the year, it is a very busy time for everyone. Teachers are busy writing reports and students are busy finishing their work for 2020. Classes are beginning to be sorted for 2021. Thank you to families for returning so many request forms, as we always try to ensure that every student has at least 1 friend in their new class. If your child will no longer be attending The Pines School in 2021, please let us know as soon as possible, as this affects our year level and class numbers.

With all of the interruptions this year, our students have continued to show resilience and determination, to have a fantastic year of learning and fun. Students were keen to join in the Premier's Reading Challenge, and many students have received awards for their efforts this week. A special mention to Chahed (Room 27) and Georgie (Room 14) who will receive a very special award for their outstanding efforts in the Premier's Reading Challenge. Well done Chahed and Georgie!

Covid-19 restrictions have been tricky, but we are all doing our best to keep ourselves and our community safe during this time. Thank you to parents and families for your support. Just a reminder for parents to social distance while waiting for your children outside of the gates.

We are currently asking students not to use the bubblers/drinking fountains to drink from the mouth, at this time. This is for hygiene purposes as we try to minimise the spread of germs. Please make sure your child has a drink bottle of water every day, especially with summer upon us. If a student does forget their drink bottle, we do have plastic cups available in the office for those students, however, the cups are limited.

All of our wonderful teachers, leaders, SSOs and staff have done an amazing job this year, as always. Please find enclosed with this newsletter, a 'Recognising People in Public Education' bookmark. If you would like to say thank you to a staff member, you can visit the website highlighted.

For our Year 7 students, this is a very exciting time. Only 10 days left of Primary School! We hope they enjoy their last days at The Pines School.

Please be advised that the school office will be open in 'Week 0' (18th to 22nd January 2021 - the week before school starts) for you to come in and buy uniforms. In 2021, school will recommence on Wednesday, 27<sup>th</sup> January.

#ThankFD

Keep cool and take care.



Now it's your turn to say thanks to a teacher or education staff member who has made a difference to you. Say thanks at education.sa.gov.au/ThankED





#### Dates to Remember

#### Term 4

#### Week 8

3 & 4 December Year 7 Transition -Parafield Gardens High School

#### Week 9

Thursday, 10 December Year 7 Graduation

#### Week 9

Friday, 11 December End of Term School Finishes 2:00pm

**Principal** Mrs Cherie Collings

**Deputy Principal** Mr Sam Konnis

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#### Dear Families

As part of our wellbeing corner this week, we have included an article in its entirety which gives parents and caregivers some important information about keeping your child safe online. It is quite a lot of information, but we hope you find it useful. Have a great week!

Christin Valley and Sonia Kilmister

#### 10 things every parent can do to keep their kids safe online

As parents, we generally do everything we can to keep our children safe and well, from getting them to 'slip, slop, slap' before going out in the sun, to being careful when crossing a road and always wearing a helmet when cycling. But what are you doing to protect them from bullies, predators and inappropriate content online? Let's face it, the internet is here to stay and with eighty-three per cent of Australian teens going online three or more times daily (and this is increasing with more and more teens having smartphones), it's time, if you haven't already, to introduce some cyber safety know how to your parenting toolkit. Here's ten tips to get you started.

#### 1. Talk openly with your child about their online activity

As soon as your child starts accessing the internet, talk to them about what they are reading, watching and who they are communicating with online – and keep the conversation going as they grow older. Ask your child what sites they visit or apps they use, write a list, and look at them together. Talk to your child about what you think is appropriate, and remind them that this may be different for other parents and their children. Listen to your child and reach an agreement about what is right for your family. Remember the time will come when they will access the internet outside the safety of home and you want them to be prepared for that. It's vital to teach them about their online reputation, too, and how they must be careful about how they behave, interact with people and represent themselves in such a public forum. They must always remember that the internet isn't private.

#### 2. Keep screens and devices where you can see them

Always monitor your child's time online, particularly younger children. Keep the computer in a central spot in the home where it's easy to keep an eye on what your child is doing and viewing online. For mobile devices, you can set them to forget Wi-Fi passcodes so your children can not go online without you knowing. You can also try to make an agreement that there are no tablets, laptops or gaming in bedrooms. For younger children, you might also consider checking browser histories after your child has been online to see what sites they are visiting. This approach obviously gets harder as children grow older and work out how to clear histories – which is more reason to open the lines of communication about internet use at an early age.

#### 3. Know your parental controls

Innocent searches online can lead to not-so-innocent results, so it's wise to know how to use the parental controls/ search restrictions offered by web browsers, internet service provider and devices. For example, the SafeSearch Filters feature on Google will block sites with explicit sexual material. To turn it on, go to Settings/SafeSearch Filters. Although not 100 per cent accurate, parental controls can help prevent your child from seeing and accessing most violent or sexual material. See <a href="https://www.internetmatters.org/parental-controls/">https://www.internetmatters.org/parental-controls/</a>. Paid for security tools and features will offer extra protection and control.

#### 4. Know who your children's online friends are

As adults, we know that some people online aren't who they say they are, but children and young people can be alarming naïve about who they are chatting with if they are not taught to be cyber wise from an early age. Make sure you become friends and contacts within your child's social media circles and ensure you monitor posts. Your children may resist but tell them that is one of the conditions for you to allow them access

#### 5. Be 'share aware' to protect your privacy

If your child is a regular user of social networks, they must be aware of the risk of personal information or images being made public once they post it. While they won't fully understand the consequences of revealing personal information online, you should teach them to be cautious and thoughtful about what they post and share. Encourage your children to ask themselves before posting anything if the information (i.e. name, phone number, home address, email, name of school) or photo is something they would give a stranger. If the answer is no, don't post it. If your child is sharing photos or posts online ask your child to let you see what they are sharing or ask an older sibling to check any photos before they're shared.

#### 6. Keep control of your family's digital footprint

Every picture and personal detail that is posted and shared on social media and the internet contributes to someone's digital footprint. The big risk with this is that once information is shared publicly, it can be used in ways you may not expect and cannot control. You should also assume that anything that is put online is permanent (it can sometimes be deleted but not always before others have seen it and saved it). For this reason, children and young people need to be smart about protecting their images and information. The same goes for parents who regularly post pictures of their children's online. Teach your child to stay in control of their digital footprint, by only sharing with people who they know and trust. Rather than posting to all their friends on social media, encourage them to be selective and use the privacy settings on the social media platforms they use.

#### 7. Teach your children to keep their location private

Most apps, networks and devices have geo-tagging features which make your whereabouts public and can lead someone directly to you. These features should be turned off for obvious privacy and safety reasons. Digital photos also contain metadata (information about the time, date and GPS coordinates) which may reveal more than you want to. Some social media platforms automatically hide or remove this data, but not all, so do your homework and know how much info you're sharing.

#### 8. Keep track of online time

The <u>Australian Physical Activity and Sedentary Behaviour Guidelines</u> recommend children between the age of five and 17 should have no more than two hours of screen time a day. So, it's important to monitor your child's online time, particularly younger children, to ensure they do not develop bad habits. Get your children to agree on a period of time, say 30 minutes per session, and set a timer to go off – don't forget to make this a non-negotiable finish time. You should also switch off the home Wi-Fi at a set time each night (ideally before bedtime) so everyone has some 'time-out' from the internet. You can also try making some days 'screen-free' in your home to encourage everyone to pursue other more active and/or less technology-driven ways to entertain themselves.

#### 9. Be #SocialNetworkSavvy

Educate yourself on ways to be safe on social networks so that you can give the best advice to your children. Sign up to the social networks and apps your children are using and find out how to use the privacy settings and reporting mechanisms. Talk about how they can stay safe on social networks, including talking to a trusted person when they are worried, and being aware of what constitutes online bullying – both as a perpetrator and a victim. If your child uses social networks, be sure they know how to:

- Report inappropriate and/or offensive posts
- Block someone

Keep information private.

#### 10. Lead by example

Lead by example and always model the kind of positive online behaviour you would like your children to use. If they see you being cautious and respectable when you are online, they are more likely to follow in your footsteps. And, yes, this includes limiting your own screen time.

Ultimately, you don't want to instil fear in your child or prevent them from experiencing the many educational, entertainment, social and other benefits of the internet, but rather give them the skills and knowledge they need to know how to make the most of it and avoid the dangers.

#### By Laura Easterbrook, Child Protection and Forensic Medical Service

Sourced from: <a href="https://www.childrens.health.qld.gov.au/blog-10-things-keep-kids-safe-online/">https://www.childrens.health.qld.gov.au/blog-10-things-keep-kids-safe-online/</a>

#### **Useful websites**

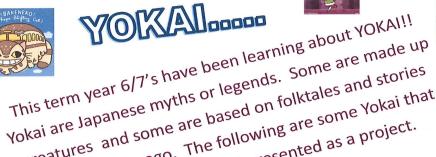
https://www.esafety.gov.au/

https://kidshelpline.com.au/kids/get-help/webchat-counselling/

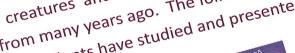








creatures and some are based on folktales and stories from many years ago. The following are some Yokai that students have studied and presented as a project.

















### **Traditional Japanese clothing**

This term year 3 students have been learning about traditional Japanese clothing. We have been looking at clothing that Ms. Speed bought in and the patterns on the clothing. Students were able to colour some beautiful kimono patterns.

Here are some of their creations......



Rm 13



Vanshika Rm 12







Jasleen

Matthewos Rm 34

Niharika Rm 34



Keethi

Rm 12

#### **Student Reporters**



Student reporters Annabel, Amelia and Jaxon interviewed some students about their year at The Pines School.

Name: Wezley Age: 6

Room: 4



I like Jolly Phonics. I like the letters. I also like playing basketball on the basketball court. It's really good to play basketball with people.

This year I have enjoyed learning about music with Mrs Norley because there are so many instruments. They made so many different noises. My favourite instrument was the little drums with the sticks.

I like maths because it's so good to do. It helps you be better at learning. We have learned something called plus. 3+3 is 6.

Name: Nakisha

Age: 6 Room: 2



I like making puppies out of paper. We cut them out and put them on cardboard.

This year I have learned rainbow facts.

I like writing because I like to learn more. You can hear the sounds that you say when you write. When you write you keep learning and learning.

Name: Kartik

Age: 11 Room: 32

The Pines is special because I have friends and it is safe. I have enjoyed learning Japanese. My favourite subject is maths. My best memory this year is The Big Splash swimming excursion.



Name: Dakota

Age: 7 Room: 15

I like doing maths because I like playing maths games and having fun. I like writing because I like writing about what I did on the holidays. I have improved my spelling and finger spaces this year. I really like PE because you get to run around and have fun. Book week was memorable because people dressed up. We went to the basketball court and had a parade.



Name: Jamie

Age: 8 Room: 15

I like maths games like Connect 4. In Connect 4 you have counters and two dice. You have to try and connect 4 diagonally or up and down. I really like PE because it gets you running more and you get lots of exercise. It's also good for your body. Book week was memorable this year because we got to dress up as whatever we wanted. I dressed up as a creeper from Minecraft. It was a fun day and you got to read books that help you learn.

Name: William

Age: 9 Room: 24

The Pines is special for me because there are a lot of subjects and the teachers make the learning fun.

This year I have enjoyed learning history because I like learning information about cultures and religions.

This year the best memory has been sports day because I like doing activities with my friends. Sports Day is special because it only happens once a year. This year I got a first place ribbon in my first race.



Name: Chelsea

Age: 9 Room: 30

The Pines is special to me because there are teachers to talk to when you are upset. Everyone in this school is kind.

This year I have enjoyed learning algebra and maths. I have improved in maths.

I like English because I love writing stories.

My best memory this year is the disco because you got to spend time with friends. I liked the music at the disco and got to dress up in fancy clothes.





Name: Makayla

Age: 6 ½ Room: 47

I have enjoyed reading this year because I like learning new words. There was a story I liked with a fish in a pond.

I like PE because of gymnastics. There is a trampoline. When I jumped on it I did a hand stand with a back bend.

Name: Jakob

Age: 7 Room: 46

I like maths a lot because I know it a lot and I just like learning it and I like to do it when I'm bored.

This year I liked it in Science when we got to put two Mentos in the Coke and the Coke went up two feet into the air.

Name: Prayaan

Age: 6 Room: 46

I have enjoyed maths because all the calculating and adding numbers is fun.

I like it when I got to go in the other class and go on the computer. We played Prodigy Maths and did maths battles. Name: Jacob

Age: 9 Room: 30

The Pines is a good school and I've been here since reception. The teachers are kind and helpful. They are helpful when you are struggling.

This year I have enjoyed English because I was struggling in that subject and this year I have improved. I have enjoyed maths because it is hard and challenging.

I like PE because I love sport and grew up playing sport.

My favourite memory this year is playing football and basketball with my friends.



Name: *Ava* Age: 8

Room: 24

The Pines is a great school because everyone cares about each other. This year I have learned a lot of new things in maths like times tables and division.

I like English and maths because you get to write a lot about different things and work with a partner.

My teacher is kind, nice, friendly and caring.



Name: *Laura* Age: 10 Room: 29

The Pines is special for me because I have good friends and the teachers care about you and help you.

I have enjoyed maths because I got to learn how to tell analogue time. In STEM we went gardening and planted plants.

I like writing because I know how to read and spell so it makes it easy.

The best memory this year was getting to plan the wicking beds, vegetables and flowers. It's our responsibility to take care

of the plants.



Name: *Vihan* Age: 11 Room: 25

The Pines is special because it has good teachers. I have enjoyed the maths topics. My favourite subject is science because of the experiments you get to do.

My best memory this year was The Big Splash. It was fun.



Name: Sabreen

Age: 11 Room: 25

The Pines is special to me because you get different activities. Teachers explain challenging work.

I like science because I learn more things and maths because it is challenging.

I have enjoyed getting to know people better on rainy days.



Name: *Musa* Age: 11

Room: 37

The Pines is special because teachers and SSOs are kind and helpful. If there is a problem, they help and deal with the problem.

I have enjoyed learning English and learning different texts. I have also loved PE because of the different activities.

My favourite subject is maths because it is challenging and has developed me and grown my learning.

My favourite memory this year was the disco because it was fun and I got to spend time with my friends.



Name: Nicole

Age: 11 Room: 33

The Pines is special because there is one uniform and it is safe.

I have enjoyed writing narratives and persuasive texts in literacy. My favourite subject is visual art and anything that is free feeling.

My best memory this year was being picked for vice-captain. It was good to try something new and have extra responsibility.



Name: *Aditi* Age: 12

Room: 32

The Pines is special because people in the school are kind. Teachers are nice because they care for you.

I have enjoyed learning new things in NIT lessons because they are different to the things you learn in your class.

My favourite subject is arts because we get to experiment with colour. I liked doing digital arts because it's unique and different.



Name: Bronx

Age: 6 Room: 3

I like doing work because I get to write about the weekend. I get to go on the computer to do some work. On the computer I learn about a book about animals. I go on Reading Eggs on the computer.

I have enjoyed learning about being kind because other kids play with me and help me.

I like building sentences. It means you have to build a sentence with blocks in you build a sentence book. School is fun. At recess and lunch you get to do things like play of the basketball court, the oval or anywhere.



### the seashell

As hard as a rock,

And as tiny as a pebble,

Bumpy like a road trip to the desert.

Formed with unique designs,

Washed by the salty seas,

Aged for a hundred years,

Breaching the Atlantic sea force,

Now lies cursed on the princess of Atlantis,

Forever in despair. Forever cursed,

Crack! Or is it?

by Liam

### Room 23 Aboriginal Art

Room 23 has learnt about traditional and contemporary Aboriginal art. We researched famous Aboriginal artists and created our own artwork.



As part of our unit on Aboriginal art, we went on an excursion to the Art Gallery of South Australia. We saw a special exhibition called Tarnanthi which shows Aboriginal and Torres Strait Islander contemporary artwork from across the country. On our excursion, we made regalia (the distinctive clothing and ornaments worn by royalty) inspired by Carly Tarkari Dodd, who is a Kaurna, Narungga and Ngarrindjeri artist from Adelaide.









### LITTLE ATHLETICS 2 Free Come'n'Try Sessions

Come and try Little Athletics for free! Sessions start at 5.45pm Rundle Reserve, Salisbury South

Fri 30 Oct / Fri 13 Nov / Fri 27 Nov / Fri 4 Dec / Fri 11 Dec

JOIN THE SQUADRON

jets.org.au

or contact Jenni on 0401 023 399 / president@jets.org.au





Final College Tours for 2020 24 November, 9:30am and 5:30pm

Visit olsh.catholic.edu.au or phone 8269 8800 to book. Personal tour requests also welcome.

FINALISING 2021 CLASSES ENROL NOW FOR 2022

#### OUR LADY OF THE SACRED HEART COLLEGE

A Girls Secondary Catholic College from Year 7 - 12 496 Regency Road Enfield SA Australia 5085

T: 8269 8800 | E: olsh@olsh.catholic.edu.au | W: www.olsh.catholic.edu.au





masterpass

### Q. How do I cancel food orders that have already been paid for?

- A. To cancel a food order from your itemized eReceipt:
- 1. Open Qkr! and tap Activity.
- 2. Scroll down to 'Order History' and sign in with your password.
- 3. Tap the red circle with a minus symbol on the order to be cancelled. Select the entire order or individual items to cancel and tap 'OK'.
- 4. If your eReceipt contains food orders for more than one child, you will need to cancel one by one. OR
- To cancel a food order from the calendar view:
- 1. Open Qkr! and select the relevant menu.
- 2. Tap on the tick icon on the date for which you want to cancel the order.
- 3. Tap the red circle with a minus symbol on the order to be cancelled. Select the entire order or individual items to cancel and tap ' $\mathsf{OK}$ '.

Cancelled items are shown in red on your eReceipt confirming they have been cancelled and a credit is available for future food orders. The value of any credits will be automatically deducted from your next Qkr! food order.

Please contact your school office to cancel any other (non-food) school payments according to school policy.

#### TIP OF THE WEEK

